



For Immediate Release

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SARANDIS RECEIVES EMPLOYEE RECOGNITION AWARD

LAKE PLACID, N.Y. – Karen Sarandis, assistant director of nursing at Vestal Nursing Center in Vestal, N.Y, received the Registered Nurse of the Year Award yesterday from the New York State Health Facilities Association (NYSHFA). The award was presented during the association’s annual convention in Lake Placid, N.Y.

Ms. Sarandis has worked at Vestal Nursing Center for 17 years. During her tenure she has worked as a unit staff nurse, head nurse, wound care nurse, inservice director and most recently as assistant director of nursing. She is a resident of Windsor, N.Y.

“Karen uses her knowledge and skills to positively affect our resident’s quality of life,” said Denise Johnson, administrator of Vestal Nursing Center. “We are proud that she has been honored with this prestigious award from NYSHFA.”

The Employee Recognition Awards honor individuals for their outstanding contributions to skilled nursing facilities. They are awarded in the categories of Registered Nurse of the Year, Licensed Practical Nurse of the Year, Certified Nursing Assistant of the Year and Heart and Hands Award, which is presented to a non-nursing/non-managerial staff member.

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The New York State Health Facilities Association (NYSHFA)/New York State Center for Assisted Living (NYSCAL) is a statewide membership organization of more than 270 licensed skilled nursing and assisted living facilities. The membership is diversified and represents individual and multi-facility operations of proprietary, voluntary and government sponsorship. Members take care of more than 44,000 ill, aged and infirm New Yorkers. Members of NYSHFA/NYSCAL are dedicated to the highest standards of care and to the quality of life of all residents.

The Vestal Nursing Center is a 180 bed residential health care center offering short term rehabilitation, long term, diabetic and alzheimers care. The center has 44 years of experience, is recipient of national quality award, and is considered a progressive leader in the health care profession.